



***Dear Crusader Basketball Family,***

I would like to extend my sincere gratitude to everyone in the Crusader Basketball Family. I have been very impressed with the work ethic and focus throughout our summer workouts and team camp. Now that school has started I wanted to take a moment to give everyone an idea of what the fall schedule would look like.

Our top priority this fall is to help our student/athletes build a solid academic foundation. To help accomplish this, we have instituted a daily study hall as well as a weekly grade check. During study hall they will have the opportunity to get their homework started as well as be able to go to any help sessions that their teachers may be having that day. If a student is having trouble in a particular subject area, a tutor will be made available. Please contact me if you have any specific concerns regarding academics.

As we prepare for the coming basketball season, we want to focus on the three major areas that I feel will give us the best chance to make a successful run in the state playoffs this year. The three areas are: 1.) a consistent strength and conditioning program 2.) an intense fundamental basketball workout and 3.) a chance to play some games against top tier competition. With this in mind here is the schedule we have put together for the fall:

Study Hall- 3:00-3:45 Monday-Thursday in Coach Felix' room  
Grade Check- Renweb printout handed in every Friday to Coach Felix  
Strength and Conditioning- 4:00-5:30 Monday, Tuesday, Thursday and Friday  
Fundamental Skill Workout- 6:16-7:30 AM Tuesday/Thursday mornings  
Dillard Fall league @ Holiday Park Starts Saturday, September 10th Time and complete schedule coming soon

I would like to mention that we will be selling advertising banners for the fence and/or the gym again this year to try and raise money so that we can do the things that will enhance the team's experience this year, i.e. new warm ups, tournaments etc. If everyone could look into selling one sign this year that would be a huge help. If you bought or sold a sign last year please let me know if you will be able to renew for the upcoming season. On top of the signs, we will be selling Chick Fil A at lunch again on Wednesdays at lunch.

I am looking forward to another great season of Crusader Basketball, and would like to especially like to welcome our new families. I have been so impressed with the quality of people that we have representing the Crusaders this year and I feel privileged and excited to be able lead this great group of young men. Please feel free to contact me if you have any questions or concerns regarding our schedule this fall or anything else related to the basketball program.

Thanks again,  
*Coach Fitz*

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**Passion-Precision-Poise-Persistence**