

# Lady Crusader Volleyball



## Set No Limits

### Philosophy:

Lady Crusader Volleyball strives to instill Christ-centered actions through hard work, perseverance, discipline, and integrity in every aspect of the program.

### 2011 Verse:

*Hebrews 12:11 "No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it."*

### Accomplishments:

2011 Jupiter Christian Pre-Season Champions

2010 Record: 11-8

### Available Teams:

Varsity  
Junior Varsity  
Middle School (Starting at 6<sup>th</sup>)  
Elementary (4<sup>th</sup>-5<sup>th</sup>)

### Important Dates:

9-12	Varsity vs. Sagemont	Home @ 6:30
9-26	Varsity vs. Westminster	Home @ 6:30